





@ZACHMERCURIO

THE POWER AND PRACTICE OF PURPOSEFUL LEADERSHIP

Zach Mercurio, Ph.D. Author, "The Invisible Leader"

Zach@ZachMercurio.com





In the last 7 days, which moment has given you the greatest sense of purpose?

Share with someone next to you.



Purpose (n.): The **reason** for which something is done or for which something exists, something's <u>use or</u> <u>usefulness</u>.

Source: Dictionary.com, "Purpose," 2020

Wait, Zach, I have purpose,

"I finance and refinance equipment acquisitions, the construction of public facilities and the expansion and rehabilitation of existing public facilities."



Having purpose



Being purposeful



Being purposeful is contribution-centered thinking, being, and doing.







TIME

"so, that..."

What is your *"so, that..."*?

How can I get through this?

Who needs me to get through this?













What's your, your organization's, and your industry's "through-line?"



The effect of being purposeful

eac mars and stu

#1

50

Times more engaged at work. Factor in job satisfaction.

% more likely to be promoted

7

Average number of years longer people with purpose live



% more likely to experience regular contentedness 2

times more likely to learn something new every day

Sources: Hill, 2014; Leider, 2015, NYU, 2016, LinkedIn, 2017



Purpose focuses us on contribution, which optimizes our brains and bodies.

Source: e.g. Kaplin & Anzaldi (2015) New Movement in Neuroscience: A Purpose-Driven Life; Leider (2015)



Purpose predicts resilience.

Source: Calhoun & Tedeschi (2014), Handbook of posttraumatic growth: Research and practice.



<u>Source:</u> Duckworth (2016): *Grit: The Power of Passion and Perseverance*



Purpose is more durable than achievements and results.

Source: Crocker & Canevello (2012) Consequences of Self-image and Compassionate Goals; Collins & Porras, 2001



Gaping Void Culture Design Group (2019)





Practicing Purposeful Leadership

1 Maintain the belief that the work matters

2 Connect to *the* purpose and *your* purpose

3 Create mattering for your stakeholders

ASK MEANINGFUL QUESTIONS

What do I have to do today?



How is what I'm going to do today going to impact others?

What should I do with my life?



What should my life do for others?

Where do I see myself in 5 years?



What's my ideal job?



What kind of impact do l want to have made in 5 years?

What problems can I best solve with my strengths?

Practice: Tell Better Stories



Practice: Put a Face to The Name



<u>Source</u>: Radiological Society of North America, 2005

SITUATION

When and where did it happen?

BEHAVIOR

What behaviors did the person do? What unique strengths did you see?

IMPACT

What was the impact on you or others?

Show People Their Impact

Don't just tell people "good job," show them the difference they make and how they make it.

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Where, when, and how can you routinely collect and tell stories of your work's impact? To yourself? To others?

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Connect to *The* **Purpose: Be a Cathedral Thinker**

- What would happen to a human being if I did not do it?
- 2. What end outcome does it make possible?
- 3. Which of my strengths can I use more to do it?



Source: Hackman & Oldham (1975) - Development of the job diagnostic survey.

Connect to *The* **Purpose: Be a Cathedral Thinker**



Source: Hackman & Oldham (1975) - Development of the job diagnostic survey.

Connect to *The* **Purpose**





<u>Source:</u> Carton (2017). "I'm Not Mopping the Floors, I'm Putting a Man on the Moon": How NASA Leaders Enhanced the Meaningfulness of Work by Changing the Meaning of Work."

What Is Your Purpose?





Practicing Purposeful Leadership

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Mattering

The belief that we're a significant part of the world around us that comes from feeling valued and adding value.



I'm valued.

I add value.

IMATTER

You know my full name. You ask about my life. You know my struggles. You remember me. You miss me. You check in on me. You show me how I make a difference. You affirm my unique gifts. You ask for my opinion. You give me responsibility. You show me I'm relied on.

Common sense is usually not common practice.



WHAT IT MEANS TO MATTER







AFFIRMED

N

NEEDED

Make eye contact, take interest, remember personal details, check-in Point out people's unique gifts, show them the difference they make Show people how they're relied upon and indispensable

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There's nothing more powerful than a human being who believes they matter.



Thank you.

Connect with me:

Zach@ZachMercurio.com





@ZACHMERCURIO

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